

Starters

	PRICE
Foundation Sour dough bread with beef fat butter/plain butter	£ 4.00
Lava Wings Crispy fried chicken wings dipped in a scotch bonnet :lava: sauce	£ 4.50
Whirlpool Calamari Calamari rings with a crunchy coating, served with a refreshing lime dip/dill mayonnaise	£ 5.25
Natures Nectar Creamy taleggio cheese baked with prosecco, rosemary & honey (V)	£ 4.75

Sharing Platter (15 for all 4)

Desserts

	PRICE
Caramelized apple tarte tatin & vanilla ice cream	£ 4.75
Chocolate fudge brownie & vanilla ice cream	£ 4.50
Selection of Cheeses with chutney	£ 9.75

Sides

	PRICE
4 cheese baked Macaroni cheese	£ 3.75
Curly fries with rosemary salt & sherry vinegar	£ 2.75
Fried potatoes, crème fraiche, wholegrain mustard & chives (V)	£4.25
Sweet potato fries, dusted with our ELEMENT Spice & dip	£ 2.75

Mains

	PRICE	SIDE 1	SIDE 2
Ocean Fry Chef's selected fish, fried in a river of herbs accompanied by spring onion, cous cous with tomato chutney.	£ 8.00	£ 10.00	£ 12.95
Blossom Slow roasted, sweet potato, with delicious chickpea curry and pickled red onions (V)	£ 7.75	£ 9.95	£ 11.75
Earths Quake Chickpea & 5 bean burger with halloumi cheese. coleslaw & tomato Jam in our signature handmade bun (V)	£ 7.75	£ 9.15	£ 11.25
Elements Beef Burger Classic homemade juicy beef pattie with onion relish and smoked applewood cheese in our signature handmade bun	£ 8.75	£ 10.75	£ 13.25
Chicken Burger Fried succulent chicken breast, topped with Tunisian coleslaw & parmesan cheese, in our signature hand made bun	£ 8.00	£ 10.00	£ 12.95
Wild Ribs Slow cooked pork ribs, marinated in a host of spices, glazed with sweet BBQ sauce	£ 10.25	£ 12.50	£ 14.25
Electric Steak & Egg Mouth watering tender grilled steak, with fried duck egg	£ 12.75	£ 15.25	£ 17.50